

HVORFOR JOBBER VI TVERRFAGLIG?

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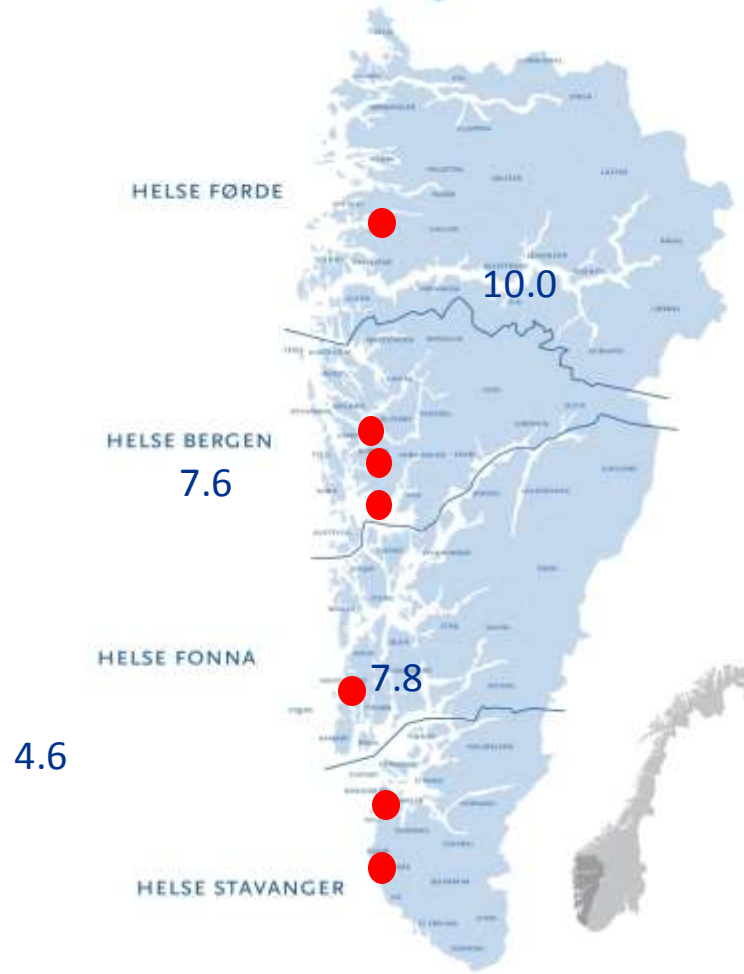
Definition av rehabilitering

Rehabilitation of people with disabilities is a process aimed at enabling them to reach and maintain their optimal physical, sensory, intellectual, psychological and social functional levels. Rehabilitation provides disabled people with the tools they need to attain independence and self-determination.

WHO

Rehabilitering er tidsavgrensede, planlagte prosesser med klare mål og virkemidler, hvor flere aktører samarbeider om å gi nødvendig bistand til brukerens egen innsats for å oppnå best mulig funksjons- og mestringsevne, selvstendighet og deltakelse sosialt og i samfunnet.

St.meld.nr.21 (1998-99)

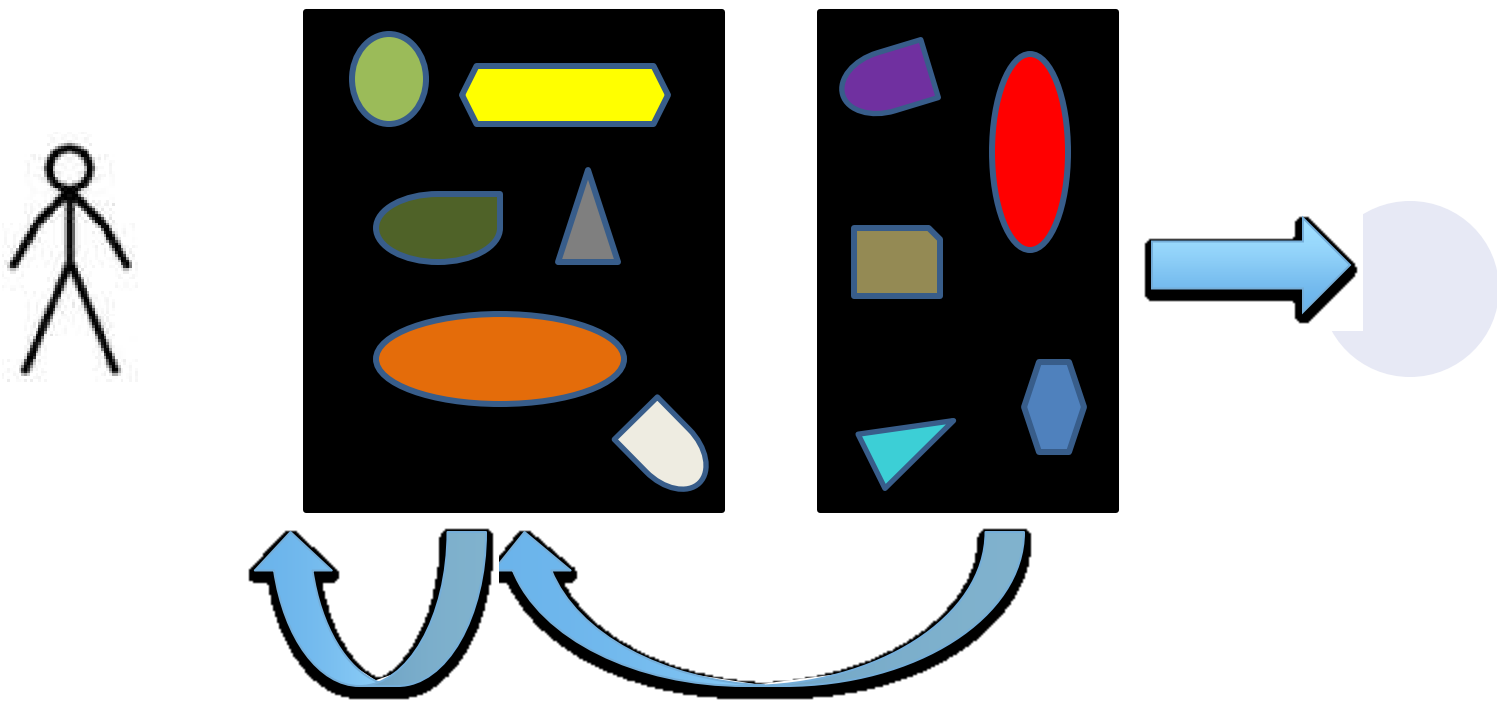


- 1,100 000 mennesker
- 50 sykehus/institusjoner
- 7 rehabiliteringsinstitusjoner

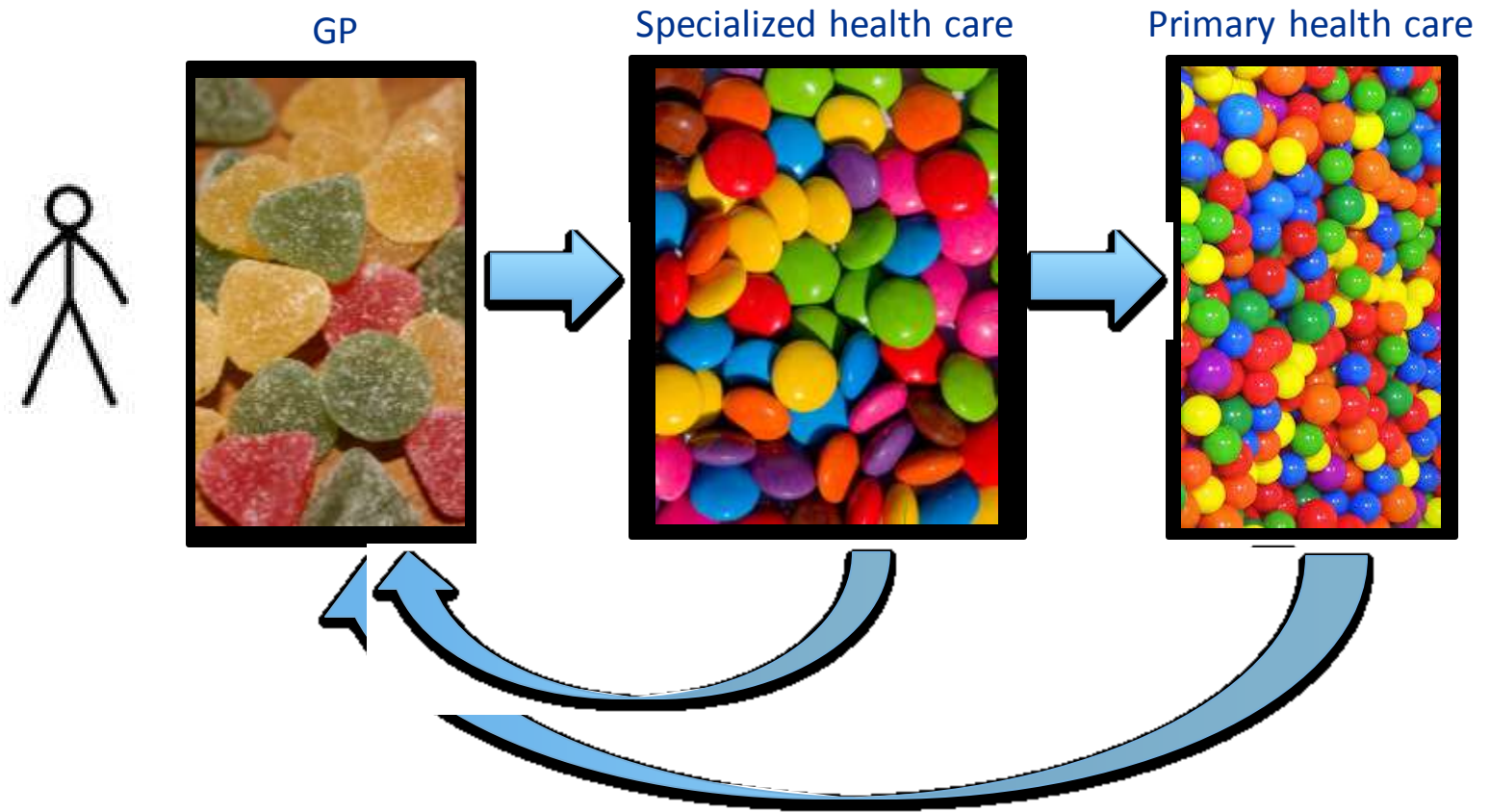
Hjerterehabilitering
Afasi-gruppe Allergipoliklinikk
Psykiatrisk-sykepleier
Gruppetrening
Kvantemedisin **Akupunktur**
Aromaterapi Kognitiv-terapi Coach
Refleksologi Søvnssenter Klassisk-TuiNa Muskelnålterapi
Homeopat Pilates **Manuell-terapi** Naturterapi
Kinesiologi Bedriftshelsetjenesten EMDR-behandling
Sårstue Fotpleie Dødehavsklinikken Akupressur
Ortopedi-ingeniør Volvat Smertesenter Smerteklinikk
Fotterapi Brakstadmetoden Healer DPS
Smertespesialist Homeopati Frisklivsentral
Mindfulness Lymfedrenasje Nakkespesialist Sykestue
Lightning-process Sosionom
Psykomotorisk-fysioterapi Retreat **Osteopati**
Blodanalyse Terapibasseng Bioenergiterapi
Akutt-ambulant-team Logoped
Matintoleransetest **Massasje** **Fotsoneterapi**
Psykiatritjenesten Immunterapi
Muskelterapi **Naprapati**
Øreakupunktur

A simple process





Simple process?



Frem med mobilene!!!!!!

<https://play.kahoot.it/#/k/ad1b3b7a-f63c-47d4-8649-2f155a9a70f2>

Background

Teamwork is considered paramount for the coordination of care in specialised health care settings (Momsen, Rasmussen, Nielsen, Iversen, & Lund, 2012, Kaba, Wishart, Fraser, Coderre, & McLaughlin, 2016).

Teams' ability to collaborate is understood to have significant impact on the patients' outcomes (Deneckere, 2012).

Individual level characteristics influencing teamwork has been identified as; conflict management, common goals, openness, communication skills and shared concern (Deneckere et al., 2013).

Team level characteristics influencing teamwork has been identified as; meeting frequency, size of team, composition and leadership (Deneckere et al., 2013).

The effectiveness of coordination is determined by the quality of communication skills among health care professionals in a care process, which depends on the quality of their underlying relationships (Gittel et al., 2000, Gittel, 2012).

Recommendations for strengthening
REHABILITATION
in health systems



Ensure the availability of a multi-disciplinary rehabilitation workforce

A multi-disciplinary workforce in health systems ensures that the range of rehabilitation needs within the population can be met. Multi-disciplinary rehabilitation interventions have been shown to be effective in the management of many chronic, complex or severe conditions that may significantly impact multiple domains of functioning (vision, communication, mobility and cognition). As different rehabilitation disciplines require specific skills, a multi-disciplinary workforce can significantly improve quality of care and improve health outcomes. Long-term investment in the education, development and retention of a multi-disciplinary rehabilitation workforce should thus be factored in health sector planning and budgets.

** Multidisciplinary rehabilitation*

In the context of these recommendations, multi-disciplinary rehabilitation refers to rehabilitation provided by two or more types of rehabilitation professional.

Tverrfaglig team

Interdisiplinært

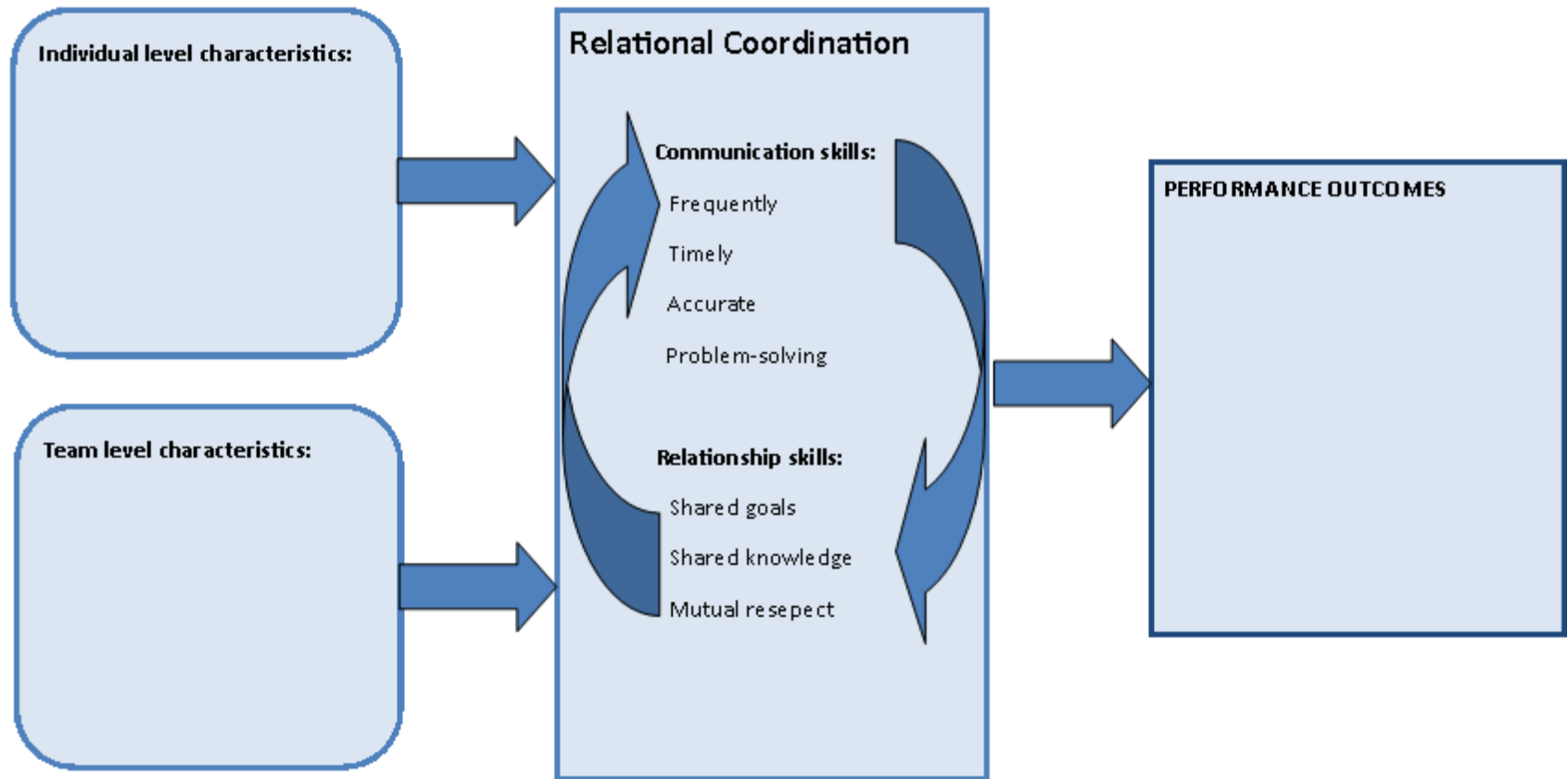
Multidisiplinært

Transdisiplinært

Unidisiplinært

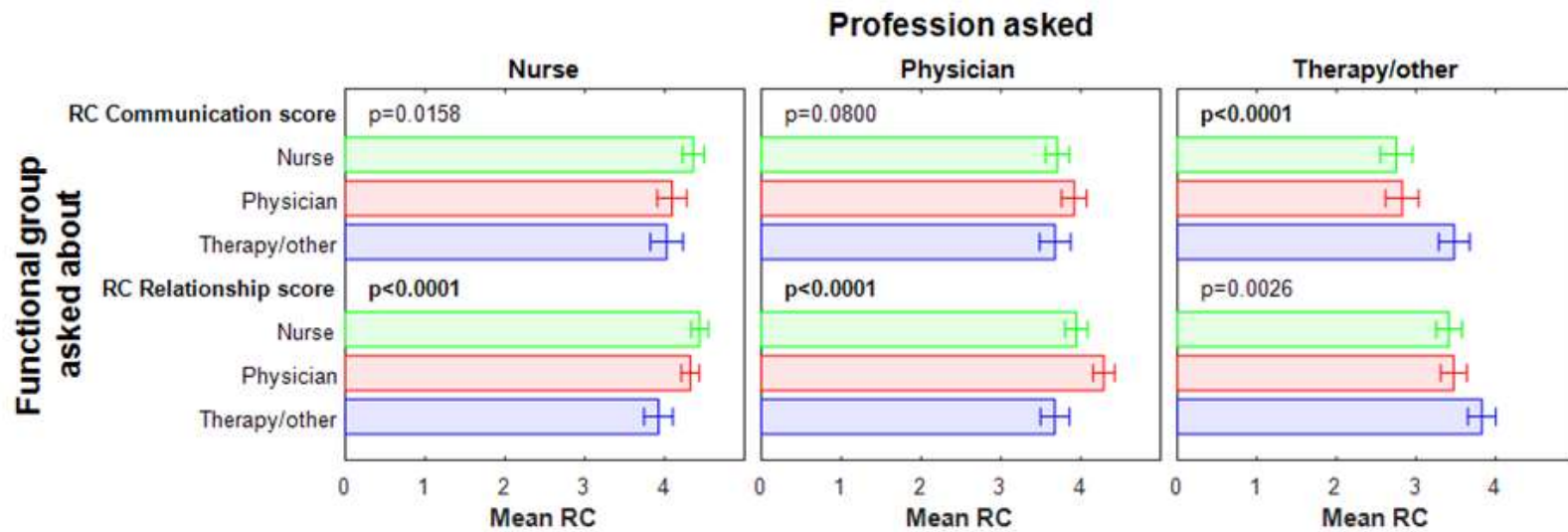
Intradisiplinært

Relational Coordination



23 pasientforløp i Helse Vest regionen

Care process	RCS Communication skills	RCS Relationship skills
Acute stroke	4.3 (0.52)	4.2 (0.52)
In Vitro fertilisation	4.3 (0.34)	4.5 (0.33)
Stroke treatment	4.2 (0.47)	4.0 (0.46)
Stroke rehabilitation	4.2 (0.45)	4.3 (0.49)
Hip fracture	4.0 (0.53)	4.5 (0.21)
Psychosis (outpatient)	3.8 (0.62)	3.8 (0.56)
Psychosis (planned admission)	3.8 (0.51)	3.9 (0.39)
Cerebral Palsy, children	3.8 (0.48)	3.8 (0.49)
Attention-Deficit/Hyperactivity Disorder, diagnostic process 2	3.5 (0.36)	4.1 (0.50)
Knee arthroplasty	3.3 (0.69)	3.4 (0.66)
Hip arthroplasty	3.3 (0.55)	3.9 (0.63)
Tonsillectomy/adenotomi, children	3.3 (0.35)	3.7 (0.35)
Psychosis	3.2 (0.72)	3.3 (0.60)
Breast cancer surgery	3.2 (0.67)	3.5 (0.71)
Chronic Obstructive Pulmonary disease	3.2 (0.45)	3.7 (0.37)
Diabetes treatment, children	3.2 (0.43)	3.7 (0.24)
Attention-Deficit/Hyperactivity Disorder, diagnostic process 1	3.1 (0.36)	3.9 (0.21)
Tonsillectomy, adult	3.0 (0.75)	3.6 (0.39)
Sinus surgery	3.0 (0.55)	3.6 (0.36)
Arthroscopy knee, meniscus surgery	2.9 (0.76)	3.7 (0.57)
Lung cancer- diagnostic process	2.9 (0.55)	3.6 (0.53)
Respiratory diseases, emergency department	2.7 (0.50)	3.2 (0.71)
Venous thrombosis, diagnostic process and treatment	2.7 (0.34)	3.3 (0.65)



RC 15 interprofesjonelle rehabiliteringsteam i Helse Vest

Team allocation	RCS Communication skills Mean (SD)	RCS relationship skills Mean (SD)
Group 1	4.34 (0.46)	4.43 (0.45)
A	4.23 (0.45)	4.53 (0.37)
Group 3	4.19 (0.39)	4.34 (0.40)
Team 2a	4.17 (0.37)	4.22 (0.52)
Group 2	4.15 (0.48)	4.33 (0.41)
Red group	4.11 (0.62)	4.33 (0.39)
Team 1a	4.09 (0.50)	4.03 (0.46)
Blue	3.94 (0.41)	4.32 (0.35)
Blue group	3.74 (0.79)	3.82 (0.74)
Yellow	3.65 (0.61)	4.01 (0.63)
Team 3	3.65 (0.60)	3.75 (0.43)
B	3.61 (1.07)	3.94 (0.93)
Team 2	3.61 (0.54)	3.63 (0.47)
Green	3.40 (0.59)	3.92 (0.53)
Red	3.36 (0.49)	3.81 (0.55)
TOTAL	3.89 (0.63)	4.07 (0.56)

Continuity

Information, management, and relational continuity is associated with better quality of life, better quality of service delivery and increased user satisfaction (Uijen, et al. (2012), Uijen et al (2014))

Continuity

Information continuity:

- care providers use information on past events to deliver care that is appropriate to the patients' current circumstances

Management continuity:

- care providers connect their care in a coherent way

Relational continuity:

- providers develop an ongoing relationship with patients. The provider has knowledge of the patient as a person

Nijmegen Continuity Questionnaire

Personal continuity

The following statements are about your (own) GP	Mean (SD)	Missing
I know my GP very well	4.04 (1.00)	29 (4 %)
My GP knows my medical history very well	4.22 (0.92)	39 (6 %)
My GP always remember wat he/she did during my last visit(s)	4.22 (0.86)	46 (7 %)
My GP knows my family circumstances very well	3.60 (1.23)	65 (9 %)
My GP knows what I do in my day-to-day life very well	3.64 (1.11)	57 (8 %)
My GP contacts me when necessary without me having to ask him/her to do so	3.29 (1.28)	80 (11 %)
My GP knows very well what I think is important when it comes to my care	3.73 (1.06)	60 (9 %)
My GP maintains enough contact with me when I am seen by other care providers	3.29 (1.15)	94 (13 %)

Nijmegen Continuity Questionnaire

Team/cross-boundary continuity

The following statements are about how care providers in the municipality work together	Mean (SD)	Missing
The care providers pass on information to each other very well	2.81 (0.99)	407 (58 %)
These care providers work together very well	2.82 (0.95)	426 (60 %)
The care given by these care providers is well connected	2.85 (0.98)	404 (57 %)
These care providers always know very well what the other care providers have done	2.67 (0.97)	413 (59 %)

Nijmegen Continuity Questionnaire

Team/Cross-boundary continuity

The following statements are about how care providers in the rehabilitation institution and GP work together	Mean (SD)	Missing
These care providers pass on information to each other very well	3.08 (1.05)	275 (39 %)
These care providers work together very well	2.92 (1.02)	300 (43 %)
The care given by these care providers is well connected	3.00 (1.01)	254 (36 %)
These care providers always know very well what the other care providers have done	2.88 (1.04)	300 (43 %)

